**Food and drink policy**

**03.1 Snack Procedure**

To maximise the opportunity to promote the characteristics of effective learning, independence, confidence and communication skills, all staff will follow the same procedure at snack time.

PROCEDURE:

* All choices of fruit and vegetables to be placed on the table, in the bowl, in whole form.
* Milk jug to be placed on the table for children to pour independently.
* Food which presents a choking hazard (such as grapes) to be cut following current guidelines.
* Fruit to be cut for the children at their request.
* Children to be provided with blunt knives to cut their own soft fruit, if they request to do so.
* Children to be encouraged to help each other.
* Children to be encouraged to have a go and persist when challenges occur, children to be specifically praised for their efforts.
* Children to be encouraged to solve problems as they arise.
* Children are to be supported to speak and listen to each other.
* Practitioner is to engage in conversation with children, modelling language, listening skills and adapting speech for children with SLCN.
* Conversation is to follow children’s interests or be led by practitioner, ideas for discussion: healthy eating and lifestyles, current Sustainable Development Goal principles.
* Children to be encouraged to clear their own space and recycle, using the compost and recycling buckets. Suitable leftover food to be saved for the guinea pigs.